Confidentiality Policy

Confidentiality and privileged communication remain the rights of all clients of professional counselors according to the law. However, there are limits to such communication, some of which are mandated by state law. It is very important that you and those seeking counseling with carefully read and understand the following limits of confidentiality.

Duty to Warn

Some courts have held that if an individual intends to take harmful, dangerous, or criminal action against another human being, or against himself or herself, it is the counselor's duty to warn appropriate individuals of such intentions. Those warned may include a variety of persons such as:

1. The person or the family of the person who is likely to suffer the results of the harmful behavior
2. The family of the client who intends to harm him/herself or someone else.
3. Associates or friends of those threatened or making threats.
4. Law enforcement and medical emergency officials

Child Abuse

California state law mandates the reporting of incidence or suspected incidence of child abuse including physical abuse, sexual abuse, unlawful sexual intercourse, neglect, emotional, and psychological abuse. All actual or suspects acts of child abuse will need to be reported to the appropriate agencies (Article 2.5 Penal Code 11165 and 11166)

“Dependent Adult” and Elderly Abuse

California law requires the incidence of “dependent adult” or elderly physical abuse reported to your counselor must also be reported to California authorities (Welfare and Institution Code, Sec. 15630).
Therapeutic Criminal Involvement

The State Law in the Evidence Code 1018 reads that “There is no privilege (confidentiality) under this article if the services of the psychotherapist were sought or obtained to enable or aid anyone to commit or plan to commit a crime a tort to escape detection or apprehension after the commission of a crime or a tort.” (Evidence Code 1024, 1965. Chp 299)

Family and Couple Therapy

Family members and couple may be seen at times individually or conjointly. Information shared during these sessions or in related settings (e.g. telephone calls) is considered part of the overall family or couple therapy process and is not confidential from the other participating family members or partners. Your therapist will use his or her discretion in handling these matters. This is simply our “no secrets policy.” It is important that you understand this policy before treatment begins. It supports our belief that healthy relationships are built on openness and truth.

Case Evaluation

In order to ensure the best treatment possible for each client, our therapists do consult with each other regarding cases. There are certain situations in which support staff will also be made aware of limited clinical information to support the therapists functioning. If you have any concerns regard this practice, please notify your therapist.

Neglect of Outstanding Debt

In the event that a client fails to honor, after reasonable efforts to collect, his/her debt, your therapist may place the account in the hands of an agency or attorney for collection or legal factionalisms will necessitate the release of pertinent demographic information as well as accounting information. **NO THERAPEUTIC INFORMATION WILL BE RELEASED.**

Please be sure that you have read the above very carefully. If you are not sure that you fully understand any of the above areas of confidentiality limitations, please ask your therapist before you sign below.

I/We the undersigned, have read and fully understand the limits of my/our confidentiality. I/We further agree to abide by the policy set out above. I/We have had a chance to ask my/our therapist for additional clarification regarding the limits of confidentiality.

____________________________________________________________
Client Signature

____________________________________________________________
Date

____________________________________________________________
Client Signature

____________________________________________________________
Date